



CENTERLINE



CONNECTICUT DRESSAGE ASSOCIATION

September 2007

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CENTERLINE

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Centerline is the official newsletter of the Connecticut Dressage Association and is published about 10 times annually. It is distributed to all members. CDA welcomes story ideas, informative articles and commentary. Please submit all contributions to: John Gordon, 24 Darren Court Waterbury, CT 06708

Email -
Centerline@ctdressageassoc.org
Subject: Centerline

- CDA Website -

www.ctdressageassoc.org

CDA is a USDF member, and the GMO's members are automatically USDF Group Members.

President's Message

Autumn is just around the corner. The leaves are showing hints of color, and the hummingbirds are getting ready to head south. It is hard to believe that the summer flew by as quickly as it did. Show season is reaching its finale. I hope all had a fabulous and successful year.

Hooray to all of our young ladies who represented the CDA at Lendon's Youth Festival this August 20th to 22nd. Job well done! It is very nice to have such a talented group represent the CDA. We are very proud of you.

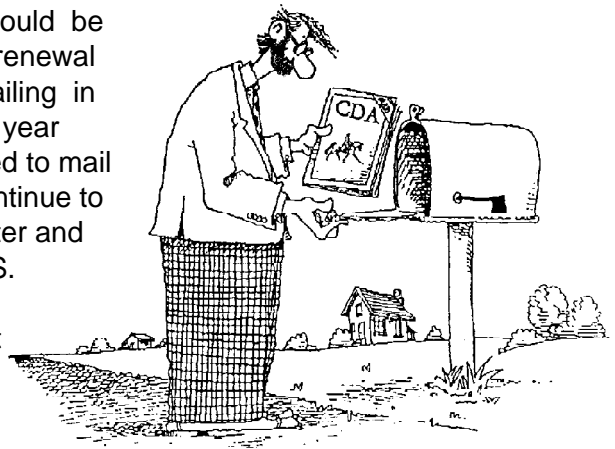
As you all know, all the shows this year have been very well attended, with rather large waiting lists. I think we should all be very happy about this since it shows how our sport is growing in strength, and number. Yes, it is rather annoying when one does not get in, and for the sake of quality, there is little we can do at this point. As I have mentioned before on many occasions, we seriously need a stronger volunteer base for larger shows. When you renew your memberships this year please keep that in mind, and let us know if you are truly interested in volunteering. The CDA schooling shows, and our recognized show are wonderful ways to start volunteering.

This time of year we begin to think about board nominations. Being a member of the CDA board is a very rewarding experience. You are actively involved in making decisions that affect our dressage community. You will make new friends and be central in furthering our sport. Let us know if you are interested in a board position. We would love to have some new faces join us. If you have lots of enthusiasm and want to make a difference, let us know. Why not come to our next board meeting to check it out.

As I briefly mentioned earlier, membership renewals are going out this month. Please take the time to fill out the survey that comes with it. We really want to know how to give you the programs, shows, and activities that you want. We can not improve things if we do not know what you want. We look forward to receiving your comments and suggestions.

See you soon,
Chris

Ed. Note: All current CDA members should be receiving their 2008 CDA membership renewal letters which Heidi Nottelman will be mailing in September. Since CDA's membership year expires 10-31-2007, you are encouraged to mail in your renewal **now** so that you will continue to receive the monthly *Centerline* newsletter and our upcoming 2008 edition of *OMNIBUS*. If you have not received your renewal letter by mid September please contact Heidi at 860-799-7816 or email her at Membership@ctdressageassoc.org !



2007 Calendar of Events

September 7, 2007

Gleneden Dressage
Bedford, NY
Contact:
Lendon Gray
graydressage@optonline.net
914 234-4158

September 8, 2007

Southlands Foundation
TSF Schooling Dressage Show II
Rhinebeck, NY
Contact:
845-876-4862

September 23, 2007

CDA Schooling Show
Once Again Farm
Meriden, CT
Contact:
Nancy Blanchard
860-283-8748

September 23, 2007

Weatogue Stables Schooling Show
Salisbury, CT
Contact:
Bobbi Carlton
860-824-7908

September 29, 2007

Babcock Hill Equestrian Center
Coventry, CT
Terry Glendinning
860-742-0616
tm09g@yahoo.com

October 7, 2007

CDA Schooling Show
R Folly Farm
Morris, CT
Contact:
Nancy Blanchard
860-283-8748

October 14, 2007

Grandview Stables Schooling Show
Columbia, CT
Contact:
Alena Orszak
860-228-5021
alenagvs@sbcglobal.net

October 14, 2007

Open House
Crossen Arabians & Warmbloods
Coventry, Ct
R.S.V.P.
(860)742-6486 or email to:
susanrca@msn.com

October 21, 2007

Southlands Foundation
TSF Schooling Dressage Show III
Rhinebeck, NY
Contact:
845-876-4862

Science Snippet – Herbal Remedies

One thing to keep in mind is that horses are naturally grazing animals (herbivores), and often plants we consider to be ‘weeds’, are often herbal medicines to horses. Horses in the wild pick and choose the plants that their bodies need...they can eat 50 different species of plants. Today, most horses are confined and fed the same thing day in and day out, with little variety. We have the option of taking an ibuprofen if we have an ache or pain, or an antihistamine for allergies, but by confining horses, we have eliminated this freedom for them. So, here are some thoughts on herbal remedies:

- ✓ Usually herbs are given for several weeks to see an improvement in a condition.
- ✓ Herbs are not intended to be a ‘forever’ daily supplement. They often work better when they are not given every day, one day a week or one week a month of rest can be useful.
- ✓ Formulas (mixtures) of herbs, created by qualified herbalists are often the best choice.
- ✓ If a horse won’t eat a herbal formula....the formula may not be right for the horse.
- ✓ Tropical’s made of herbs are often valuable for injuries (e.g. Arnica Gel for bruising) or wound healing (e.g. Aloe Vera for cuts or burns).
- ✓ Remember that balance is always the goal.

Older horses can benefit from the following herbs:

- Licorice – healing for the digestive tract lining and some anti-inflammatory ability
- Dandelion – supports the liver function, is high in Vitamin A, B, C, and D
- Nettle – stimulate the immune system
- Peppermint – settles the stomach, has antibacterial, antifungal, and antiviral properties, and the oil has anti-ulcer and anti-inflammatory properties (Note: the peppermint plant has these properties, not the artificially flavored candy!)
- Garlic – boosts the immune system and may help keep the flies away
- Burdock root – soothes arthritis

Unfortunately very little research has been done on large animal herbal remedies, so much of what is known is antidotal or research on small groups of animals, but the more consumers demand research, perhaps the more we will learn! There is so much out there, this is the tip of the iceberg, but remember to look for qualified experts and ingredients ... for example the Chi Institute requires you to be a licensed veterinarian before you take their courses to ensure quality care.

If you would like more information, these facts were gleaned from:

<http://www.harmonyequine.com>, <http://www.drshoen.com>
<http://www.vetmed.wsu.edu/clubsHolistic/>
http://www.tcv.com/resource/resource_note1.htm

Journal of Veterinary Botanical Medicine (V1 I1).

Opening Date: September 19, 2007

Closing Date: October 1, 2007

Sunday, October 7, 2007

Connecticut Dressage Association Schooling Show

Location: Folly Farm
380 West Morris Road
Morris, CT 06763

Judge: Roberta Carleton (L)

Secretary: Nancy Blanchard
P. O. Box 9
Thomaston, CT 06787

Class List: USDF 2007 Introductory Tests A-B.
USEF 2007 Training 1-4.
USEF 2007 First 1-4.
USEF 2007 Second and above-State test to be ridden.
Dressage Seat Equitation. (Youth and Adult Amateurs only)

Fees: CDA members \$25 per Class.
Non-members \$30 per test.
Number deposit: \$1
Checks payable to CDA.
No refunds after closing date.

Awards: Up to six ribbons awarded in each class.
CDA High Point Award Medal: Awarded to the Adult Amateur and Junior Young Rider with the High Percentage Score of the show (Training Level and above - Excluding Equitation Class)

Rules: Number of rides per horse/rider combination may be limited to two. State two preferred tests first on application. Current negative Coggins within 12 months is mandatory and must accompany entry. All competitors must wear ASTM approved helmets while mounted or head gear appropriate to the level. Classes may be combined, split, or canceled at the discretion of management. Family pets not allowed on the premises. Please treat the grounds as you would your own property. Place all trash in designated containers; no alcohol, please.

Times: Call the show secretary the Friday evening before the show between 6 - 9 P.M at 860-283-8748. You will be able to view the ride times on the CDA Website on Saturday before the show.

Directions: **From New York:**
Take Route 84 east to exit 15-Southbury. Take Route 6 toward Woodbury/Watertown. Make left onto Route 61 through Bethlehem to Morris/Route 109. Make a left onto Route 109 toward Washington. Travel for approximately 3-4 miles (past Route 209, Lorenzo's Art Studio and the Morris Waste Station) to West Morris Road. Make a right onto West Morris Road and continue for approximately 1 1/2 miles to Win Some Farm #380 on the right. You will be directed to trailer parking.

From Massachusetts:
Take Route 84 west to exit 15-Southbury. Take Route 6 toward Woodbury/Watertown. Make left onto Route 61 through Bethlehem to Morris/Route 109. Make a left onto Route 109 toward Washington. Travel for approximately 3-4 miles (past Route 209, Lorenzo's Art Studio and the Morris Waste Station) to West Morris Road. Make a right onto West Morris Road and continue for approximately 1 1/2 miles to Win Some Farm #380 on the right. You will be directed to trailer parking.

Beautifully Planned Horse Farm \$559,000

Custom Gambrel style barn built in 2000. Four 12X12 stalls with Southern Yellow Pine walls. ¾" interlocking mats over 6 stone dust. tilt out windows. 12' wide aisle. high-output florescent lights. Feed room with stairs to full loft (electric hay lift included). Tack room with cabinets. Southern Yellow Pine walls. and saddle racks. Sand arena lights with Metal Halide bulbs. Two large pastures naturally draining and hand-seeded with Blue Seal Equi-Graze. Two new 12X24 run-in sheds. Across the road from 5000 + acres Preserve and Water Company land with maintained trails. Single level home (3 bedroom. 2 bath) with cathedral ceilings. 2 fireplaces. 12X12 Jacuzzi room. Home renovated inside and out in 2005 for long term low maintenance and energy efficiency. See photos at www.cthorsefarms.com . Questions or to visit. Contact Marilyn Nodiff. realtor at marilyn@cthorsefarms.com or 203.266.7118.

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Brooklyn, CT 06234
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